Aid Stations	Distance (Miles)	Next Aid (Miles)	Front Runner est arrival time	24 hour Runner	30 hour runner	35 hour runner	Crew	Drop Bags	Pacer Pick-Up	Medical	Cut-Off
Start - Spooner Lake	5 AM Start						Yes	Yes	No	Yes	
Hobart	7	5	6:13 AM	6:39 AM	6:55 AM	7:25 AM	No	Yes	No		
Tunnel Creek	12	3	7:06 AM	7:40 AM	8:30 AM	9:07 AM	No	Yes	No	Yes	
Red House	15	3.5	7:43 AM	8:22 AM	9:20 AM	10:08 AM	No	No	No		
Tunnel Creek	18.5	3	8:24 AM	9:12 AM	10:18 AM	11:20 AM	No	No	No		
Bull Wheel (water only)	21.5	8.5	9:05 AM	9:54 AM	11:10 AM	12:22 PM	No	No	No		
Diamond Peak	30	2	10:35 AM	11:55 AM	1:30 PM	3:20 PM	Yes	Yes	Yes	Yes	4:30 PM
Bull Wheel (water only)	32	3	11:07 AM	12:45 PM	2:15 PM	4:20 PM	No	No	No		
Tunnel Creek	35	5.1	11:42 AM	1:27 PM	3:05 PM	5:21 PM	No	Yes	No	Yes	
Hobart	40	3	12:35 PM	2:40 PM	4:35 PM	6:55 PM	No	Yes	No		
Snow Valley Peak	43	5.3	1:07 PM	3:22 PM	5:15 PM	8:00 PM	No	No	No		
Spooner Summit (water only)	48.3	1.7	2:02 PM	4:35 PM	6:45 PM	9:50 PM	No	No	No		
Stonehenge 50 Mile	50	7	2:20 PM	5:00 PM	7:12 PM	10:25 PM	Yes	Yes	Yes	Yes	10:00:00 PM**
Hobart	57	5	3:33 PM	6:39 PM	9:15 PM	12:50 AM	No	Yes	No		
Tunnel Creek	62	3	4:25 PM	7:50 PM	10:45 PM	2:25 AM	No	Yes	No	Yes	
Red House	65	3.5	4:56 PM	8:32 PM	11:35 PM	3:28 AM	No	No	No		
Tunnel Creek	68.5	3	5:37 PM	9:22 PM	12:35 AM	4:40 AM	No	Yes	No	Yes	
Bull Wheel (water only)	71.5	8.5	6:08 PM	10:04 PM	1:20 AM	5:53 AM	No	No	No		
Diamond Peak	80	2	7:37 PM	12:05 AM	4:10 AM	8:53 AM	Yes	Yes	Yes	Yes	9:00:00 AM**
Bull Wheel (water only)	82	3	8:17 PM	12:50 AM	4:55 AM	9:53 AM	No	No	No		
Tunnel Creek	85	5	8:48 PM	1:32 AM	5:45 AM	10:55 AM	No	Yes	No	Yes	11:00:00 AM**
Hobart	90	2	9:10 PM	2:43 AM	7:15 AM	12:35 PM	No	Yes	No		
Snow Valley Peak	92	5.3	10:05 PM	3:12 AM	7:50 AM	1:12 PM	No	No	No		
Spooner Summit (water only)	98.3	1.7	11:02 PM	4:25 AM	9:30 AM	3:15 PM	No	No	No		
Spooner Lake Finish	**100**	**Done!**	11:25 PM	4:55 AM	10:00 AM	3:50 PM	Yes	Yes	N/A	Yes	35:00:00**

**** Absolute Cutoff**

Front Runner = 10.5 min mile per hour pace

24 Hour Runner = 14:40 min per hour pace

30 Hour Runner = 16.5 per min per mile pace 1st 50 then 17.5 2nd 50 miles

35 Hour Runner = 20.5 1st 50 miles then 21 min per mile pace